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| **Name of Service Provider** | **Contact** | **Provides Help With:** |
| COSTCUTTER – Wallasey | 0151 639 3717 | Shopping for Elderly |
| Tranmere Rovers | [tellus@tranmererovers.co.uk](mailto:tellus@tranmererovers.co.uk) | Shopping / Prescriptions |
| The Hygiene Bank | 07816659055 | Hygiene Products Including Toilet Paper |
| Whieldon’s Butchers | 608 2137 | Free Delivery for all food orders from their shop |
| British Gas | 0333 202 9862 | To arrange smart meter to enable top up over the phone |
| The Post Office / Premier Shop | 01244 531246 | Elderly, vulnerable, housebound – Call before 2pm with order they will deliver between 2-5pm same day |
| Hoylake Carpets | 632 6219 | Free delivery to pick up shopping and prescriptions |
| Centreline Fires & bathrooms (Wallasey) | 346 9266 | Free delivery to pick up shopping and prescriptions |
| Edwards at Oxton | 652 1495 | Free Delivery for Groceries |
| Iceland Frozen Foods | Most stores | 7-9am stores open for Elderly only – Free Home Delivery if £25 spent |
| Most supermarkets |  | Offering early shopping for 1-2 hours for elderly and vulnerable |
| Fine Fruits  (Farm Shop) | 648 0388 | Fresh fruit, veg and salad, Milk yoghurt & Cheese, tins, organic pasta & rice – min order £10 free delivery over £20 |

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| Wards Fish  (Birkenhead Market) | 666 1842 | Free delivery on all their produce |
| Moneysworth  (Birkenhead Market) | 0151 647 3039  07519 653 985 (Tommy)  07939103782 (Ann) | Fresh Meat, Deli products including cooked meats, pies, cheese, eggs etc Free Delivery |
| Fruit and Veg (Birkenhead Market) | 07966 274 295 | Free delivery on all fruit, veg and salad |
| Gas and Electric | Your own supplier | Contact your supplier if you have any difficulties as they have contingencies in place to help. |
| Christ Church Parish Office | 07473028991 | help with shopping, medication, dog walking and they will arrange for someone to help you. |
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| Age UK – Well Being Service | 0151 482 3456 | Service for people of **any age** who are isolated and might need some shopping, prescription collection, listening ear etc |
| Colin’s Fruit and Veg | 07837179703 | Free delivery over £5 |
| Leaf, Black Horse Hill, West Kirby | Drive to their car park | Fruit and veg, meat, Eggs, Milk |
| Dairy Plus | 07856008916 | Milk and other Dairy products |
| Owens & Son Butchers | 07593533818 | Free Delivery – Meat, Eggs |